

Morning Meeting Questions

180 Daily Prompts

<p style="text-align: center;">1</p> <p style="text-align: center;">Connections and Feelings</p> <p>Help students check in with their emotions and start the day with awareness and calm.</p>	<ol style="list-style-type: none"> 1. How are you feeling today? 2. What is one word to describe your morning? 3. What helps you feel calm at school? 4. What makes you feel proud? 5. What is something that made you smile recently? 6. What is one thing you are grateful for? 7. What helps you when something feels hard? 8. What is something you like about yourself? 9. What is a feeling you felt yesterday? 10. What helps you focus in class? 11. What is something that makes you feel safe? 12. What is one thing you enjoy about school? 13. How do you show kindness to others? 14. What is something you are working on? 15. What makes a good day for you? 16. What do you do when you feel frustrated? 17. What is something you are proud of this week? 18. What helps you feel confident? 19. What is something that cheers you up? 20. What is one positive thought to start the day?
<p style="text-align: center;">2</p> <p style="text-align: center;">Fun and Imagination</p> <p>Invite playful thinking and easy sharing to build energy and participation.</p>	<ol style="list-style-type: none"> 21. Would you rather fly or be invisible? 22. If you had a superpower, what would it be? 23. Would you rather live in space or under the sea? 24. If you could design your dream playground, what would it have? 25. If animals could talk, which would you talk to first? 26. Would you rather have a pet dragon or a pet unicorn? 27. If you could be any character, who would you be? 28. What would your perfect school lunch be? 29. If you could invent something, what would it do? 30. Would you rather explore a jungle or a desert? 31. If you could change one school rule, what would it be? 32. What would your dream classroom look like? 33. If you could time travel, where would you go? 34. Would you rather read minds or talk to animals? 35. What would your dream job be? 36. If you could rename our class, what would you call it? 37. What would you do if you had a day with no rules? 38. Would you rather be tiny or gigantic for a day? 39. If you had your own TV show, what would it be about? 40. What would you do if you found a magic door?

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Get To Know You Questions

Help students learn about each other and strengthen classroom connections.

41. What is your favorite thing to do after school?
42. What is your favorite food?
43. What is your favorite book or movie?
44. What is something you are really good at?
45. What is your favorite season and why?
46. What is your favorite place to go?
47. Do you prefer mornings or afternoons?
48. What is a hobby you enjoy?
49. What is your favorite game to play?
50. Who is someone you admire?
51. What is your favorite subject in school?
52. What is your favorite holiday?
53. What is something you like to learn about?
54. What is your favorite way to relax?
55. What is one thing you cannot live without?
56. What is your favorite sound?
57. What is your favorite outdoor activity?
58. What is something that makes you laugh?
59. What is your favorite thing to do with friends?
60. What is something unique about you?

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Goals and Growth

Encourage reflection, goal setting, and personal progress.

61. What is one goal you have for today?
62. What is one goal you have for this week?
63. What is something new you want to learn?
64. What is something you want to improve at?
65. What helps you stay focused?
66. What is something you practiced recently?
67. What is a challenge you are working through?
68. What does doing your best look like today?
69. What is something you want to try again?
70. What is one way you can help someone today?
71. What is a goal you already reached?
72. What helps you keep going when something is hard?
73. What is something you want to remember today?
74. What does being responsible mean to you?
75. What is one good choice you will make today?
76. What helps you stay organized?
77. What is something you learned from a mistake?
78. What does teamwork mean to you?
79. What is one habit you are working on?
80. What does success look like for you?

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<p style="text-align: center;">5</p> <p style="text-align: center;">Reflection and Sharing</p> <p style="text-align: center;">Encourage thoughtful conversation and listening.</p>	<p>81. What was the best part of yesterday?</p> <p>82. What is something kind someone did for you?</p> <p>83. What is something kind you did for someone else?</p> <p>84. What is something you learned yesterday?</p> <p>85. What made you feel happy recently?</p> <p>86. What made you feel challenged?</p> <p>87. What is something you want to do better today?</p> <p>88. What is a moment you want to remember?</p> <p>89. What is something you enjoyed this week?</p> <p>90. What helped you solve a problem recently?</p> <p>91. What is something you want to share with the class?</p> <p>92. What is something that surprised you?</p> <p>93. What is something you are thankful for today?</p> <p>94. What is something you are excited about?</p> <p>95. What is something you would like help with?</p> <p>96. What is something you helped with recently?</p> <p>97. What is something you feel proud of?</p> <p>98. What is one thing that went well yesterday?</p> <p>99. What is something you want to improve tomorrow?</p> <p>100. What is one thing you learned about yourself?</p>
<p style="text-align: center;">6</p> <p style="text-align: center;">Thoughtful Questions for Upper Elementary</p> <p style="text-align: center;">Support deeper thinking and respectful discussion, especially for older elementary students.</p>	<p>101. What makes a good friend?</p> <p>102. Why is kindness important?</p> <p>103. What does respect look like at school?</p> <p>104. How do your actions affect others?</p> <p>105. What does responsibility mean to you?</p> <p>106. Why is it important to listen?</p> <p>107. What makes a group work well together?</p> <p>108. How do you handle disagreements?</p> <p>109. What does fairness mean?</p> <p>110. Why is effort important?</p> <p>111. What does being brave look like?</p> <p>112. How can mistakes help us learn?</p> <p>113. What makes a classroom feel welcoming?</p> <p>114. How do you show empathy?</p> <p>115. What does honesty mean to you?</p> <p>116. Why is teamwork important?</p> <p>117. What makes a good leader?</p> <p>118. How do you stay positive during challenges?</p> <p>119. What does success mean to you?</p> <p>120. How can we support each other today?</p>

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<p style="text-align: center;">7</p> <p style="text-align: center;">Seasonal and School Year</p> <p style="text-align: center;">Prompts that align naturally with the school calendar and classroom transitions.</p>	<p>121. What are you excited about this school year?</p> <p>122. What helps you feel comfortable in a new class?</p> <p>123. What is one goal you have for this year?</p> <p>124. What makes school feel welcoming to you?</p> <p>125. What is something you want your teacher to know about you?</p> <p>126. What helps you stay positive during winter days?</p> <p>127. What is your favorite winter activity?</p> <p>128. What is something kind you can do this season?</p> <p>129. What helps you feel calm or cozy?</p> <p>130. What is something you enjoy about winter?</p> <p>131. What is something new you want to try this spring?</p> <p>132. What does growth mean to you?</p> <p>133. What is something you are improving at?</p> <p>134. What makes you feel hopeful?</p> <p>135. What is your favorite spring activity?</p> <p>136. What is something you learned this year?</p> <p>137. What is something you are proud of from this year?</p> <p>138. What is a favorite classroom memory?</p> <p>139. How have you grown as a learner?</p> <p>140. What advice would you give next year's students?</p>
<p style="text-align: center;">8</p> <p style="text-align: center;">Growth Mindset and Problem Solving</p> <p style="text-align: center;">Help students reflect, practice flexible thinking, and set intentions.</p>	<p>141. What do you do when something feels hard?</p> <p>142. What helps you keep trying after a mistake?</p> <p>143. What does doing your best mean to you?</p> <p>144. What is something you used to struggle with?</p> <p>145. How do mistakes help us learn?</p> <p>146. What strategy helps you when you feel stuck?</p> <p>147. What does perseverance look like?</p> <p>148. What helps you stay motivated?</p> <p>149. What is something challenging you are proud of?</p> <p>150. What is one way you can challenge yourself today?</p> <p>151. What does growth in learning look like?</p> <p>152. What helps you stay patient?</p> <p>153. What does learning from feedback mean?</p> <p>154. How do you calm yourself when frustrated?</p> <p>155. What helps you stay focused on a task?</p> <p>156. What is something you want to improve over time?</p> <p>157. What does confidence mean to you?</p> <p>158. What helps you believe in yourself?</p> <p>159. What is a positive thought for today?</p> <p>160. What is something worth trying even if it feels hard?</p>

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Classroom Community and Teamwork

Encourage cooperation,
empathy, and positive
group behavior.

161. What makes our classroom a good place to learn?
162. How can we support each other today?
163. What makes someone a good classmate?
164. How do you show respect at school?
165. What does teamwork look like?
166. How do you handle disagreements respectfully?
167. What helps a group work well together?
168. What is one way you can help our class today?
169. What does kindness look like in action?
170. How can we make sure everyone feels included?
171. What makes a good listener?
172. How can we solve problems together?
173. What does fairness mean in our classroom?
174. How can we encourage others?
175. What helps you feel heard?
176. What is something you appreciate about our class?
177. How do we show responsibility as a group?
178. What makes a classroom feel safe?
179. What is one way to be a leader today?
180. How can we make today a good day for everyone?